**This Weeks Food Box Items**

Lentils (red, brown) Black Chick Peas

Purple Barley Garbanzo Beans

Onion Cabbage

**Please fill out and return the following “Weekly Survey Questions” when picking up next week’s food box. Thank You.**

**Weekly Survey Questions Food Box Number:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

1. **Were ALL items in last week’s food box used?**
2. **If not, what items were not used and how much?**
3. **Did you participate in this week’s “Live” presentation?**
4. **If so, what part of the presentation do you feel you received the most benefit from?**
5. **Did you participate in this week’s “pre-recorded” cooking demonstration?**
6. **If so, what part of the demonstration do you feel you received the most benefit from?**
7. **Did you express any questions through the “Facebook” website regarding the “Sustainable Diets” course or cooking demonstrations?**
8. **If so, did you receive an appropriate reply and if not, can you comment?**